

Catholic Community at Stanford



Catholic Community at Stanford
P.O. Box 20301, Stanford University, Stanford, CA 94309
<http://catholic.stanford.edu/>
main office: 650-725-0080
For emergencies, call 650-723-8222, pager #17736

The **mission** of the Catholic Community at Stanford (CC@S) is to develop and form well educated, passionate, and faithful Catholic leaders in order to bring positive change to their disciplines, communities, Church, and world.

Sunday Mass March 3, 2013
10:30am Tresidder Oak Room
4:30pm Memorial Church
10pm Memorial Church

Daily Eucharist
M + W + F 12:20pm Memorial Church
T + Th 12:20pm Old Union Sanctuary

Confessions Tuesday
1:30-2:30pm and 9-10:30pm
Old Union, 3rd Floor, 304 or 305
or by appointment: call 725-0080

Marriage
To arrange a Catholic Wedding, call the wedding coordinator at Memorial Church at 650-723-9531.

Infant Baptisms
Baptism is celebrated once per quarter. For more information, please visit <http://catholic.stanford.edu/baptisms/eligibility.html> or contact Teresa Pleins tpleins@stanford.edu.

Baptisms for the 2012-2013 academic year:
May 5, 2013
July 21, 2013

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fr Neil Ferguson links the burning bush to the Passion of Christ.

Vegetation of all different sorts makes frequent appearances in the scriptures; between the Tree of Life in Genesis and the Tree of Life in Revelation, there are mustard plants, vines, lilies, grass, oaks, palms, wheat and corn, olives and the fig tree, as in today's Gospel. Given that the natural world shows God's creative, loving power, it is fitting that it plays a part in the drama of sin and redemption. Beautifully, the leaves of the Tree of Life in Revelation are 'for the healing of the nations.'

The first reading today reminds us of another very important type of plant in the history of salvation, the thorn. Although our text doesn't specify that the bush from which God speaks to Moses is a thorn bush, by the time Jesus was born this was an accepted fact in the story. The burning bush was a thorn bush, and it was from this lowly and harsh plant that God spoke to Moses, to reveal nothing less than his Name, and to begin the process of liberating his people from Egypt. God in the midst of the thorns.

This has tremendous resonance, of course. After Adam transgressed and was evicted from Eden, part of the punishment was that thorns and thistles would cover the ground and that he would earn his bread in the sweat of his face (Gen 3). Thorns were the result of Adam's sin and a sign of God's punishment, but with Moses the same plant becomes a vehicle of God's saving revelation. As one version of the story from about the time of Jesus puts it:

And when the First-formed Man was judged guilty of death, the earth was condemned to bring forth thorns and thistles. And when the truth enlightened Moses, it enlightened him by means of a thicket of thorns.

In another, equally vital, moment in history, thorns make an appearance. When Abraham is about to sacrifice his beloved son Isaac, the ram which is sacrificed in place of Isaac is caught by its head in a thicket of thorns (Gen 22). The saving victim amongst the thorns. So this unlikely sort of plant is involved at the crucial moments, moments of judgement, revelation, salvation and sacrifice.

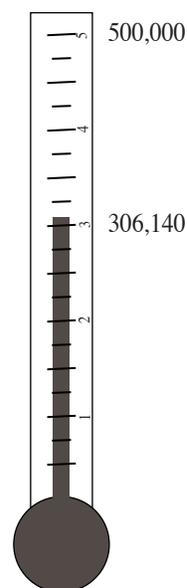
For Christians, especially in this time of Lent, another appearance of thorns comes to mind: 'And the soldiers, plating a crown of thorns, put it upon his head.' In this apparently unimportant detail of the Passion, the whole of salvation history is embodied, the Fall, God's self-revelation, the Exodus, the foreshadowing of the true Lamb who is now offered in sacrifice. Jesus bears the weight and pain of our history on his head, in the mocking crown of thorns. Like the burning bush, the reality, the thorniness, of Jesus's humanity is joined to the fire of his divinity, but is not consumed by it. On the Cross,

from amidst the thorns, Jesus bears the results of the Fall; he is the judge who takes the sentence upon himself. He reveals himself as the God Man who suffers and forgives, he speaks words of comfort to a dying thief, words of hope to his mother and disciple, and words of loving obedience to the Father.

From the earliest times of Christian tradition, it was thought that it was Christ who spoke to Moses from the burning thorn bush, and in this wonderful act of fulfilment, he appears again amongst the thorns in his Passion, 'that he might show that all was the work of the same one power. He is one, and his Father is one, the eternal beginning and the end' (Clement of Alexandria).

But we must remember too, of course, that the thorns are not the end of the story. Just as the wood of the Cross becomes the Tree of Life for us, so does the crown of thorns become the crown of glory at the Resurrection. The Father raises Jesus and crowns him with glory and honour, and puts all things under his feet. A crown of glory awaits us too, if we accept the grace of perseverance. In the meantime, much of life has the harshness of thorns, but we know that it is among the thorns that God reveals himself and saves us.

fr. Neil Ferguson O.P. is a member of the Priory of Our Holy Father Saint Dominic, London.



Help Steward CC@S Ministry!

Gifts received July 1 - January 31

Our ministry helps students, faculty, staff and permanent community members become more closely engaged with the Gospel and the richness of the Roman Catholic tradition. Recommit yourself to your faith community by supporting CC@S. To make a one-time gift or join the Living Faith Society, go to: catholic.stanford.edu/giving/treasure

Or scan here:



GENERAL COMMUNITY ANNOUNCEMENTS

Reconciliation Service:

The Lenten reconciliation service will be held on Tuesday, March 12, at 7:00 p.m. in Memorial Church. Prayers for forgiveness and healing are followed by an opportunity to individually receive the sacrament of reconciliation (penance).

Lenten Penance Liturgies:

St. Joseph (Mtn View) – March 12 at 7:00pm (English/Spanish)
St. Athanasius (Mtn View) – March 12 at 7:00pm (English/Spanish)
St. Nicholas (Los Altos) – March 13 at 3:30pm
St. William (Los Altos) – March 13 at 7:00pm
St. Simon (Los Altos) – March 18 at 3:30pm & 7:00pm
St. Albert the Great (Palo Alto) – March 18 at 7:00pm
Our Lady of the Rosary (Palo Alto) – March 25 at 7:00pm (English/Spanish)

Spring Quarter Course for Stanford Credit:

CC@S has been given permission to offer a two-credit course in Spring Quarter 2013 on the Second Vatican Council called “Catholicism Meets Modernity”. It will be offered through the Department of Religious Studies, (RELS 64) and through Continuing Studies as well. (REL 82). The course will consist of lectures by visiting professors, followed by remarks and small group discussion from Stanford respondents from the various disciplines. For further information please visit: <http://www.stanfordvatican2.net/index.html> Those interested in taking this course for credit are encouraged to sign up now!

Vatican II Symposium:

March 9, 2013. In the wake of the resignation of Pope Benedict XVI, many questions arise concerning the election of a new pope and church governance in general. The Second Vatican Council addressed many of these issues so important to us as Catholics today. We will be commemorating the fiftieth anniversary of this very council by offering a one-day symposium titled “The Legacy of Vatican II: Personal Reflections”. It will be offered on March 9 from 9:00AM-4:00PM, and is open to the public free of charge. Topics will include the historical context of the council, church governance, and the role of the laity. Sign ups are requested. For more information visit the CTSF page.

Reading Group:

We'll meet on Monday, March 4th at 7:30pm at the Gelpis' house on campus (870 Tolman Drive) to discuss “Not Less Than Everything: Catholic Writers on Heroes of Conscience,” the book of essay by a number of Catholic writers and thinkers edited by Catherine Wolff. Catherine will be on hand to lead the discussion. All are welcome to join in the conversation.

Podcast of the Catholic Community:

Catholic Cardinal Reflections is a regular podcast of CCAS. The Sunday preaching is recorded and podcasted for your spiritual nourishment. We invite you to subscribe to CCR for Lent--what a great way to take the message of the Gospel into your life! Look up Catholic Cardinal Reflections on the CCAS website or subscribe via iTunes!

Newman Nights:

Presenting the breadth and depth of Catholic Theology, is a theological lecture series that answers of the needs of RCIA, Adult Confirmation, and faith formation for the entire CCAS Community and environs. 7:30pm, Old Union, 3rd Floor, Common Room

Upcoming topics for Newman Nights:

March 5: Sacraments Of Healing

Fr. Gregory Haake, CSC, PhD Candidate, French Literature, Stanford University. Rev. Gregory Haake, CSC, is a priest of the Congregation of Holy Cross and doctoral candidate in French literature at Stanford University. He will be speaking on the sacraments of healing (Penance and Reconciliation and Anointing of the Sick). These two uniquely Catholic sacraments make manifest to us in an explicit way God's mercy, forgiveness, and healing grace. Discover how they are at the heart of the Church's ministry to those who are suffering in body and soul.

Dominican “Come & See” Vocations Weekend:

Have you thought about entering religious life or studying for the priesthood? Come to the Dominican Vocations Weekend at St. Albert's

Priory in Oakland, California. 4pm Friday, March 1 – 1pm Sunday, March 3. St. Albert's is the house of studies for the Dominicans in the Western US. Meet the brothers studying for the priesthood, visit the school and novitiate, listen to presentations on the religious and priestly life, and spend time in prayer. For more information or to register contact Fr. Steven Maekawa, OP. (510) 596-1821, vocations@opwest.org

Stay-At-Home Retreat:

The Gospel reading for the fourth Sunday of Lent is the famous parable of “The Man with Two Sons”, known popularly as “The Prodigal Son”. We have prepared a Stay-at-Home retreat based on this parable and the wonderful book by Henri Nouwen: *The Return of the Prodigal Son*. Please check our website by clicking the CTSF under Ministries tab and look for our On-Line components and the Lenten retreat at the end of that page. Enjoy!

Friday Prayer Group:

“One-Friday-morning-a-month” prayer group meets at Old Union on campus. All are welcome! If interested call Jo Owen (650) 529-1105 for more details.

Free Piano Concert:

March 14, 6pm. Our accompanist, Albert Tomasso invites you to a special concert, “Lift Every Voice and Sing: the Fascinating Interaction Between Black and White Church Music Traditions.” Join him on Thursday, March 14 at 6 p.m. in the Ujamaa Lounge at Lagunita Residence Hall. This is part of a series in the Ujamaa Scholars Program. Contact Albert for more info at tomasso@stanford.edu.

Liturgy of the Hours:

8:20-8:45am, Mo-Fr, East side stairwell of Memorial Church. “It is now the hour for us to rise from sleep.” (Rom 13:11) Come consecrate your day to our Lord by praying the Liturgy of the Hours before class! We first hear a short reading from the Roman Martyrology and then pray in accordance with the wisdom of St. Benedict (d. 543). Contact George vidal@stanford.edu for more information.

Korean Catholic At Stanford (KC@S):

KC@S is a Korean catholic community at Stanford consisting of a number of Korean under/grad students, post-doc at Stanford and workers in Bay area. During this winter quarter, we gather every Friday night to have a prayer meeting with various activities to deepen our faith together. Also, lunch gathering is planned on Tuesday noon at Thai cafe. For more information, contact Eun-Soo at eschoi@stanford.edu

Attention Catholic Singles:

Interested in joining an excellent Catholic singles organization? The Catholic Alumni Club International currently has a group in the San Francisco area! We provide a group dedicated to social, cultural, civic and spiritual relationships in a Catholic setting. For more information, please check out the following site or contact Elinor at tancke@sbcglobal.net; <http://catholicsingles-sfbayarea.com/>

Greeting Ministers Needed for 4:30 Mass:

We need 6-8 new greeting ministers to help us welcome those who come through our doors for the 4:30 Sunday Mass in Memorial Church. Could you be the welcoming face to our community and visitors?

YOUNG ADULTS

Young Adult Bible Study:

Tues. March 5th at 7:30pm, Our Lady of the Rosary, 3233 Cowper St, Palo Alto. We are meeting to discuss Vatican II documents that Pope Benedict is encouraging us to study as part of the Year of Faith. We meet regularly on the first Tuesday of each month and we welcome you to join us!

Dinner at Jeffrey's:

Tues. March. 19th at 7:30pm, 888 El Camino Real, Menlo Park. The Young Adult group meets for its monthly social gathering. Please confirm your attendance on our Facebook Page “Young Adult Circle” or contact us at yacircle@gmail.com.

For more info, see our website, www.YoungAdultCircle.org, check the Facebook Fan Page “Young Adult Circle”, or contact us at yacircle@gmail.com.

Weekly Readings

Monday, March 4
2 Kgs 5:1-15ab
PS 42:2, 3; 43:3, 4
Lk 4:24-30

Tuesday, March 5
Dn 3:25, 34-43
PS 25:4-5ab, 6, 7bc, 8-9
Mt 18:21-35

Wednesday, March 6
Dt 4:1, 5-9
PS 147:12-13, 15-16,
19-20
Mt 5:17-19

Thursday, March 7
Jer 7:23-28
PS 95:1-2, 6-7, 8-9
Lk 11:14-23

Friday, March 8
Hos 14:2-10
Ps 81:6c-8a, 8bc-9,
10-11ab, 14, 17
Mk 12:28-34

Saturday, March 9
Hos 6:1-6
Ps 51:3-4, 18-19,
20-21ab
Lk 18:9-14

Sunday, March 10
Jos 5:9a, 10-12
Ps 34:2-3, 4-5, 6-7
2 Cor 5:17-21
Lk 15:1-3, 11-32

Week at a Glance

Sunday, March 3, 2013

- 10:30 in Tresidder Oak Room
- 4:30pm in Memorial Church
- 10pm in Memorial Church

Monday, March 4 - Friday, March 8

- Office hours (Tues - Fri) 10am - 3pm

Daily Liturgy:

M + W + F 12:20pm Memorial Church
T + Th 12:20pm Old Union Sanctuary

Confessions

Tuesday 1:30-2:30pm and 9-10:30pm
Old Union, 3rd Floor, 304 or 305
or by appointment: call 725-0080

Next Spanish Mass - Sunday March 10 - 3pm

GRADS and UNDER GRADS

Catholicism 101, TBD

Volunteer to Cook Breakfast:

March 6. Due to the high number of request for participation in our last SPOON breakfast we have decided to run one more event this quarter. Come join us to cook breakfast at 6:30am on March the 6th at the Old Union kitchen or help us serve the food at 8am to share with guests at the Palo Alto Opportunity Center. To sign up, contact Santiago at santisaap@gmail.com.

Pray with Us, Daily Rosary:

All are invited to pray the Rosary in the Sanctuary of Old Union. The updated schedule is:
Monday-Friday 10pm. Saturday at 9pm
Saturday and Sunday at 9pm. Every Saturday night we will follow the Rosary with a game night at 9:30pm.
Contact Margaret Koehler mkoehler@stanford.edu with any questions or to be added to the Rosary List.

Vallombrosa Retreat Center

Vallombrosa Center is sponsoring the following events:

Getting the Most Out of Holy Week: A Workshop led by Fr. Patrick Feehan, OP. Saturday, March 23, 2013 • 9:00am – 4:00pm

Set aside the day before Palm Sunday for a Retreat designed to focus hearts & minds upon the Passion of Christ and the many events of Holy Week. This year, rather than being (once again?) unprepared and suddenly finding yourself in the midst of the final week of Lent, decide to be purposeful about your spirituality and commit to making Holy Week an especially rewarding one.

Between conference talks on the Last Supper, Gethsemane, and the Cross, presented by Fr. Patrick Feehan, you will have time to write or to reflect deeply while in our Chapel, to walk the Stations of the Cross, or to simply bask or sit in meditation on our beautiful grounds... and, of course, enjoy a delicious midday meal prepared for the occasion.

The cost for the one-day workshop is \$50 per person, includes lunch. Check-in begins at 8:30 with scones, coffee, tea, and water. To register visit www.vallombrosa.org or contact Rachel Alvelais at 650.325.5614. Scholarships are available for those who need financial assistance; contact Rachel Alvelais for more information.

More Announcements

Join Our Living Faith Society:

Become a CC@S Living Faith Society member by donating a set amount each month on a predetermined day. You no longer need to remember to bring money to Mass! By joining LFS, not only are you supporting your Stanford Catholic campus ministry, but you will also receive the Living Faith devotional each quarter, a devotional that provides a different scripture verse and short meditation for each day of the year. Join today:



If you suspect financial mismanagement or misconduct in your parish or in the Diocese of San José, please contact: EthicsPoint: dsj.ethicspoint.com or hotline telephone number 1-888-325-7863. Teresa Conville, 408-983-0241 or email: tconville@dsj.org.

GRADS

Grad Bible Study:

Sundays at 6:30pm. All are welcome to a grad student Bible study. Meet at Chiara's in Escondido Village building 128, Apt 104 at 6:30pm. Join the list at catholic_grad_bible_study@lists.stanford.edu.

Volunteer Opportunities

St. Anthony's Soup Kitchen:

If you are interested in volunteering on Saturday March 23rd from 8:30 until 1:00pm, please contact Michael Bova at mpbova2001@yahoo.com to have a volunteer position reserved for you. In general, the CCAS has the first and fourth Saturday's of the month reserved for us at St. Anthony's. So plan your schedules in advance, follow the example of Jesus, and please join us in helping those in need"

Save the Date: Sat 4/27/2013:

CCAS Service Opportunity, National Rebuilding Day
The Catholic Community at Stanford is once again participating in National Rebuilding Day through the organization Rebuilding Together Peninsula, www.rebuildingtogetherpeninsula.org. We will be assisting a home makeover in San Bruno (near SFO) for a homeowner in need. Duties will include interior/exterior painting, erecting a fence, and replacing carpet. This service event is open to all in the CCAS. All day shifts will run from 8:30am to 4:00pm, with some half day shifts available. Meals will be provided. Additionally, there will be a prep-day on the morning of Sat, 4/20. Spaces are limited, contact Larry Hu, hudat@stanfordalumni.org for more info or to sign up



THIRD SUNDAY OF LENT
MARCH 3, 2013

Gathering **What Wondrous Love Is This?** M. Haugen



1. What won-drous love is this, O my soul, O my soul?
2. To God and to the Lamb I will sing, I will sing;
3. And when from death I'm free, I'll sing on, I'll sing on;



What won-drous love is this, O my soul?
To God and to the Lamb, I will sing;
And when from death I'm free, I'll sing on;



What won-drous love is this that caused the Lord of bliss
To God and to the Lamb who is the great I Am,
And when from death I'm free, I'll sing and joy-ful be,



To bear the dread-ful curse for my soul, for my soul;
While mil-lions join the theme, I will sing, I will sing;
And through e-ter-ni-ty I'll sing on, I'll sing on!



To bear the dread-ful curse for my soul?
While mil-lions join the theme, I will sing.
And through e-ter-ni-ty I'll sing on.

Lord Have Mercy **Missa Oecumenica** R Proulx



1, 3. Lord, _____ have mer - cy. Lord, _____ have mer - cy.
2. Christ, _____ have mer - cy. Christ, _____ have mer - cy.

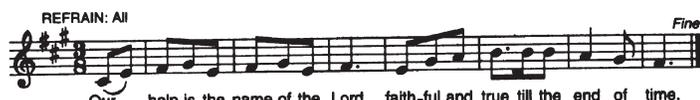


1, 3. Lord, _____ have mer - cy, have mer - cy.
2. Christ, _____ have mer - cy, have mer - cy.

First Reading **Exodus 3:1-8a, 13-15**

The Lord appeared to Moses in a flaming bush, saying that he would lead Israel out of bondage in Egypt to freedom in a land flowing with milk and honey.

Psalms 103 **Our Help Is the Name of the Lord** B. Huijbers



Our help is the name of the Lord, faith-ful and true till the end of time.

Second Reading **1 Corinthians 10:1-6, 10-12**

Just as Israel sinned during its desert sojourn, so too have the Corinthian Christians sinned on their way to the promised land. They might let the fate of those who were struck down in the desert be an example to be on guard, lest they fall.

Gospel Acclamation **Missa Oecumenica** R Proulx



Praise to you, Lord Je-sus Christ, King of end-less glo-ry!

Gospel **Luke 13:1-9**

Jesus tells his followers that unless they repent, they shall surely perish. A tree that bears no fruit will be cut down and thrown into the fire. The followers of Jesus have been given time to repent and bear fruit.

Apostle's Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God,
the Father almighty;
from there he will come to judge
the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Offertory **Oh Dios Crea en Mí** E. Cortés



Oh Dios, crea en mí, oh Dios, crea en mí,
Cre-ate in me, cre-ate in me a



crea un co-ra-zón, un co-ra-zón pu-ro,
pure heart, O God, a will-ing spir-it.

- 1) Have mercy on me, oh God
in your kindness blot out my offenses,
wash me, wash away my guilt,
cleans me completely of my sin.
- 2) Create in me, God, a pure heart,
And give me a steadfast spirit;
do not cast me out from your presence,
nor remove your holy spirit.
- 3) Give me back the joy of your salvation.
Sustain in me a willing spirit.
Open my lips, oh lord,
and I shall proclaim your praise.

Sanctus Missa Oecumenica R Proulx

Ho - ly, Ho - ly, Ho - ly Lord, Lord God of hosts. —
 Heav'n and earth — are full of your glo - ry. Ho - san - na in the
 high - est. Bless - ed is he — who comes in the name of the Lord. —
 Ho - san - na in — the high - est, ho - san - na in the high - est.

Memorial Acclamation: Missa Oecumenica R Proulx

We pro - claim your Death, O Lord, and pro - fess your Res - ur - rec - tion
 un - til you come, un - til you come a - gain.

Amen Missa Oecumenica R Proulx

A - men, a - men.

Lamb of God Missa Oecumenica R Proulx

Lamb — of God, you take — a - way the
 1, 2
 sins of the world, have — mer - cy on us.
 Final
 world, grant — us — peace.

Communion In Every Age J.S. Whitaker

VERSE 1
 1. Long be - fore the moun - tains came to be and the land and
 1. sea and stars of the night, through the end - less sea - sons of all
 1. time you have al - ways been, — you will al - ways be.
 REFRAIN
 In ev - 'ry age, O God, you have been our ref - uge.
 1-3 to Verses 2,3 last time: to Refrain
 In ev - 'ry age, O God, you have been our hope.
 Final
 God, — you have been our hope, —
 Fine
 you have been our ref - uge, — you have been our hope.

VERSE 2
 2. Des - ti - ny is cast, and at your si - lent word we re - turn to
 2. dust and scat - ter to the wind. A thou - sand years are like a sin - gle mo - ment
 to Refrain
 2. gone, as the light that fades — at the end of day.

VERSE 3
 3. Teach us to make use of the time we have. Teach us to be
 3. pa - tient e - ven as we wait. Teach us to em - brace our ev - 'ry joy and
 to Refrain
 3. pain. To sleep peace - ful - ly, — and to rise up strong.

Communion Return Again John Newton

Lord, re - vive us! Lord, re - vive us! All our help must come from thee;
 Lord, re - vive us, O re - vive us. All our help must come from thee.
 Sav - ior vis - it thy plan - ta - tion, grant us, Lord, a gra - cious rain!
 Keep no long - er at a dis - tance; shine u - pon us from on high!
 Sure - ly once thy gar - den flour - ished, ev' - ry plant looked gay and green;
 All will come to des - o - la - tion un - less thou re - turn a - gain.
 Lest for want of thine as - sis - tance, ev' - ry plant should droop and die.
 Then thy word our spir - its nour - ished, hap - py sea - sons we have seen.

Recessional (Parce Domine) instrumental



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From: Bishop Patrick J. McGrath:

Once more, particularly virulent strains of flu and other respiratory contagions are manifesting themselves throughout our nation and here at home. Because of this, I have been approached by members of the medical community who have requested that we make a number of temporary adaptations to our celebrations of the Eucharist, so as to foster the health of our worshipping communities. For this reason, I find it necessary to implement the following steps, to be taken immediately wherever Mass is celebrated in the Diocese of San José.

1. For the duration of the flu/cold/virus season, we will suspend offering Holy Communion under both Species. Concelebrating priests are to receive the Precious Blood by means of intinction.
2. For the duration of the flu/cold/virus season, Holy Communion will be distributed only into the hands of communicants; during this time, Holy Communion will not be distributed on the tongue.
3. For the duration of the flu/cold/virus season, the Sign of Peace should be adapted so as to allow for a greeting that does not involve shaking hands or touching.
4. For the duration of the flu/cold/virus season, people should avoid holding hands during the recitation or singing of the Lord's Prayer.
5. For the duration of the flu/cold/virus season, all who administer Holy Communion are to wash their hands with an alcohol-based anti-bacterial solution, such as Purell, before and after they administer the Sacrament. This precaution also extends to those who minister to the homebound.

— More Announcements —

Lenten Fasting Regulations:

Abstinence: abstinence from eating meat is to be observed on Ash Wednesday and all Fridays during Lent. All persons are bound by the law of the Church to abstain from the day after their 14th. birthday.

Fasting: The Church's law of fast binds on Ash Wednesday and Good Friday. The law of fasting obliges from the day after one's 18th. birthday until the day after one's 59th birthday.

Fasting means that one full meatless meal per day may be eaten. Two other meatless meals may be taken sufficient to maintain strength, but together they should not equal a full meal. Liquids, including milk and fruit juice, may be taken between meals. If health or ability to work are affected, fasting does not oblige.

Private, self-imposed observance of fasting on all week days of Lent is strongly recommended. Pastors and parents are to see to it that children who are not bound by the laws of fast and abstinence are educated in an authentic sense of penance, conversion and reconciliation.

Summer pilgrimages 2013:

(by former Campus Minister at Stanford)

Fr. Russ Roide, S.J. , now director of adult spirituality at Bellarmine Prep in San Jose for moms, dads, alums, AMEN, and Dads of Grads, will be the chaplain on two pilgrimages this coming summer - Classical Italy in June and The Way of St. James (a partial walking pilgrimage based on the movie "The Way" with Martin Sheehan) in July. Both are ready to go and Fr. Russ Roide, S.J. would suggest taking 'land only' and coming a few days early or staying a few days later'. You may want to use some of your air mileage program or buy a consolidated airline ticket. For more information, please see: www.pilgrimages.com/frroide or e-mail Fr. Roide at rroide@bcp.org or call at (408)537-9360.